

# MY RAMADAN BOOKLET



Come along as we strive  
to make this Ramadan  
the best one yet!

Suitable for children aged 5-10 years old.

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   @learnislam.sg

 @learnislamsg

Illustrated by Hana After



"O you who believe! Fasting is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqun." (Al-Baqarah: 183)

Alhamdulillah we are blessed with yet another Ramadan and we are pleased to present you our newest addition, My Ramadan Booklet!

My Ramadan Booklet intends to act as a tool for parents and teachers to encourage young Muslims to fast, perform tarawih, recite the Qur'an and be better individuals from one Ramadan to the next, insyaAllah.

This booklet contains a variety of hands-on activities suitable for children aged 5 - 10 years old (or even older too)!

Our signature Ramadan and Tarawih chart, plus its fun stickers are condensed within the pages of this booklet.

Your children have the options to paste stickers or colour in the blanks for their daily tracking.

We hope both adults and children enjoy My Ramadan Booklet. May this Ramadan be even better than before :)

#### Scan Me!

Download My Ramadan App on Google Play and/or the Apple App Store for a digital version



Google  
Play Store



Apple App  
Store



For more information  
on enrolment, log on  
to [www.alive.sg](http://www.alive.sg)

# Imsakiah Ramadan 1444H/2023

	Imsak	Subuh	Syuruk	Zohor	Asar	Maghrib	Isyak	Date
1	5:42am	5:52am	7:08am	1:13pm	4:12pm	7:16pm	8:24pm	23 Mar
2	5:41am	5:51am	7:08am	1:12pm	4:12pm	7:16pm	8:24pm	24 Mar
3	5:41am	5:51am	7:08am	1:12pm	4:13pm	7:16pm	8:23pm	25 Mar
4	5:40am	5:50am	7:07am	1:12pm	4:13pm	7:15pm	8:23pm	26 Mar
5	5:40am	5:50am	7:07am	1:12pm	4:14pm	7:15pm	8:23pm	27 Mar
6	5:40am	5:50am	7:07am	1:11pm	4:14pm	7:15pm	8:23pm	28 Mar
7	5:39am	5:49am	7:06am	1:11pm	4:15pm	7:15pm	8:22pm	29 Mar
8	5:39am	5:49am	7:06am	1:11pm	4:15pm	7:14pm	8:22pm	30 Mar
9	5:39am	5:49am	7:06am	1:10pm	4:15pm	7:14pm	8:22pm	31 Mar
10	5:38am	5:48am	7:05am	1:10pm	4:16pm	7:14pm	8:22pm	1 Apr
11	5:38am	5:48am	7:05am	1:10pm	4:16pm	7:13pm	8:21pm	2 Apr
12	5:37am	5:47am	7:05am	1:09pm	4:16pm	7:13pm	8:21pm	3 Apr
13	5:37am	5:47am	7:04am	1:09pm	4:17pm	7:13pm	8:21pm	4 Apr
14	5:37am	5:47am	7:04am	1:09pm	4:17pm	7:13pm	8:21pm	5 Apr
15	5:36am	5:46am	7:04am	1:09pm	4:17pm	7:12pm	8:21pm	6 Apr
16	5:36am	5:46am	7:03am	1:08pm	4:18pm	7:12pm	8:21pm	7 Apr
17	5:36am	5:46am	7:03am	1:08pm	4:18pm	7:12pm	8:20pm	8 Apr
18	5:35am	5:45am	7:03am	1:08pm	4:18pm	7:12pm	8:20pm	9 Apr
19	5:35am	5:45am	7:02am	1:07pm	4:18pm	7:12pm	8:20pm	10 Apr
20	5:34am	5:44am	7:02am	1:07pm	4:19pm	7:11pm	8:20pm	11 Apr
21	5:34am	5:44am	7:02am	1:07pm	4:19pm	7:11pm	8:20pm	12 Apr
22	5:34am	5:44am	7:01am	1:07pm	4:19pm	7:11pm	8:20pm	13 Apr
23	5:33am	5:43am	7:01am	1:06pm	4:19pm	7:11pm	8:19pm	14 Apr
24	5:33am	5:43am	7:01am	1:06pm	4:20pm	7:10pm	8:19pm	15 Apr
25	5:33am	5:43am	7:01am	1:06pm	4:20pm	7:10pm	8:19pm	16 Apr
26	5:32am	5:42am	7:00am	1:06pm	4:20pm	7:10pm	8:19pm	17 Apr
27	5:32am	5:42am	7:00am	1:06pm	4:20pm	7:10pm	8:19pm	18 Apr
28	5:31am	5:41am	7:00am	1:05pm	4:20pm	7:10pm	8:19pm	19 Apr
29	5:31am	5:41am	7:00am	1:05pm	4:21pm	7:10pm	8:19pm	20 Apr
30	5:31am	5:41am	6:59am	1:05pm	4:21pm	7:09pm	8:19pm	21 Apr



#### Learn Qur'an Series (LQS)

A 10-week online programme to provide young children with guidance and support in reading the Qur'an and reciting it fluently.



Check out our list  
of aLIVE Ramadan  
Holiday Programmes

# Ramadan & The Qur'an

## Nuzul Qur'an The Descent of the Qur'an

Indeed, Ramadan and the Qur'an bear a special relationship with one another. There are multiple narrations that point to the encouragement of enlivening the days of Ramadan with recitations and reflections on the Qur'an.

Unlike the previously revealed scriptures such as the Taurah, Zabur and Injil, the Qur'an was not revealed to Prophet Muhammad s.a.w. as a complete book all at once.

This happened when the Prophet s.a.w. first met Jibril a.s. on Jabal Nur (Mount Light) in the cave of Hira where the angel asked him to read, thus revealing the first five verses of Surah Al-'Alaq.



Scan to read full article on **The History of The Quran: Nuzul Quran** on MuslimSG.



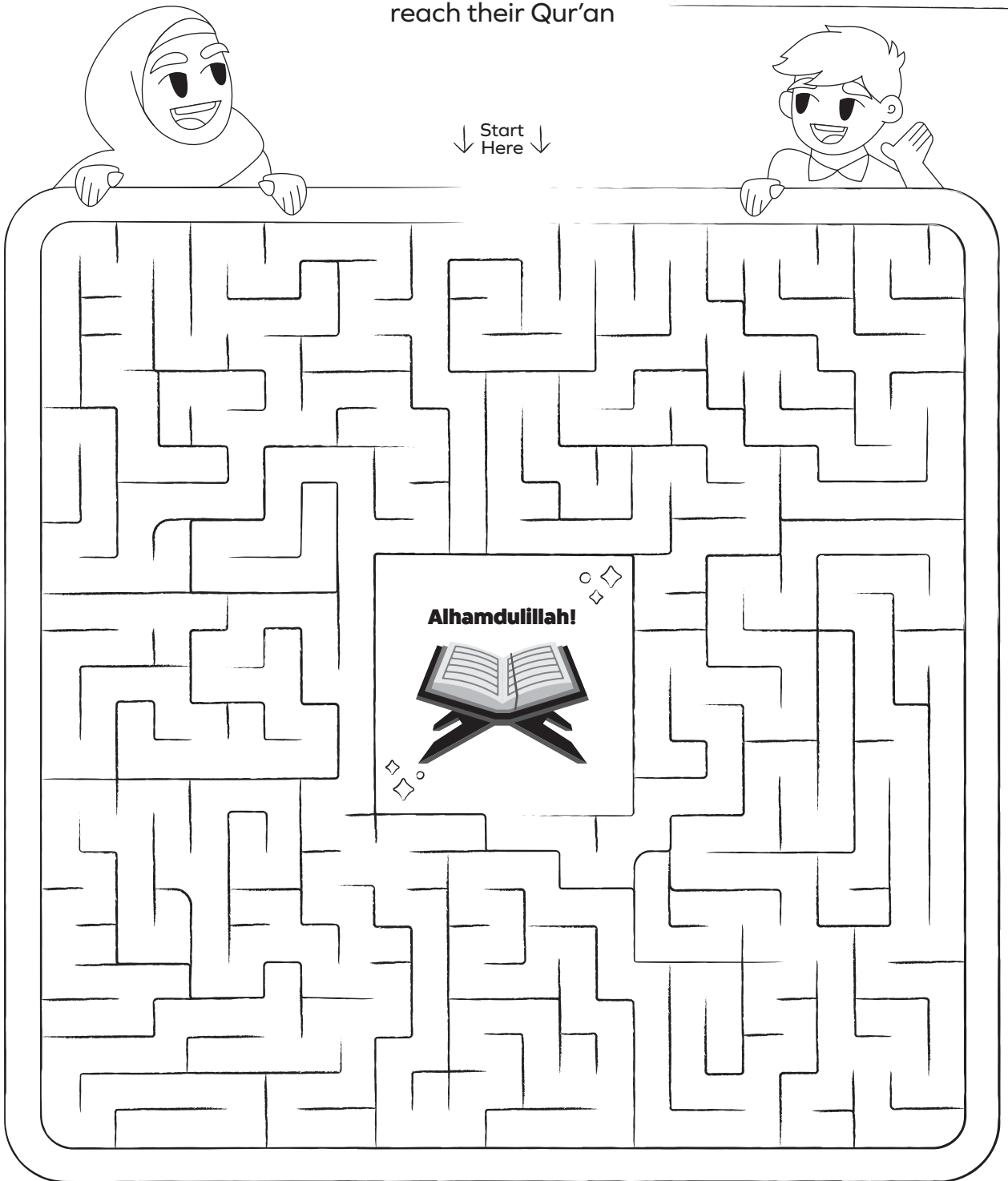
**Scan To Register**  
Join in a live Zoom session with our aLIVE asatizah for a story session on the revelation of the Qur'an.



# Try This Out!

Help Aisya and Alif  
reach their Qur'an

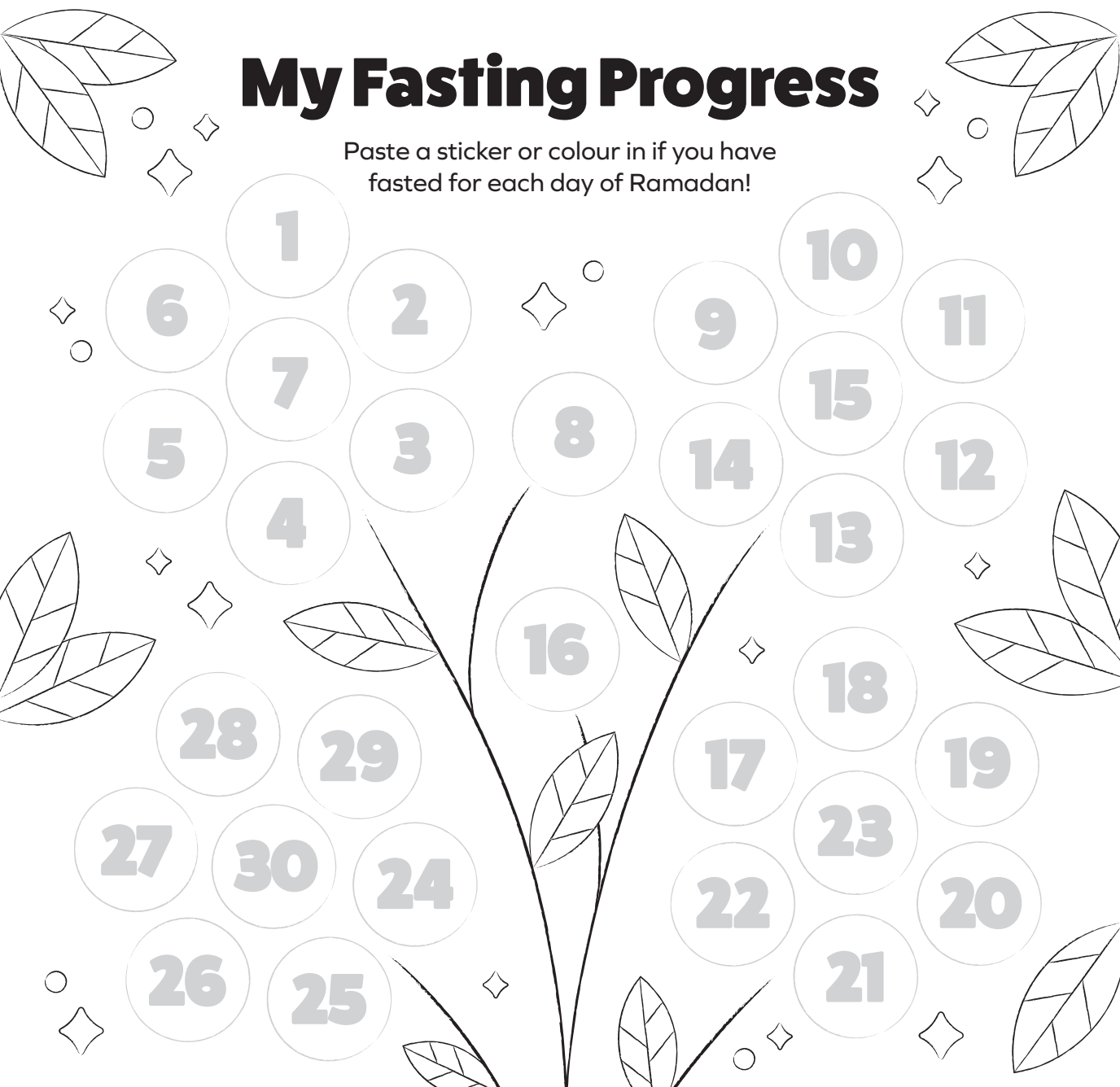
↓ Start  
Here ↓



Do you know how many surahs are there in the Qur'an?  
(There's 114!)

# My Fasting Progress

Paste a sticker or colour in if you have fasted for each day of Ramadan!



## Niyah for Fasting in Ramadan

نَوَيْتُ صَوْمَ غَدٍ عَنْ أَدَاءِ فَرْضِ  
شَهْرِ رَمَضَانَ هَذِهِ السَّنَةِ لِلَّهِ تَعَالَى

*Nawaitu souma ghadin 'an adaa i  
fardhi shahri ramadaana hazihis  
sanati lillaahi ta'aala*

I intend to do the obligatory fast  
tomorrow in the month of Ramadan  
this year because of Allah

## Du'a when Breaking Fast

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ  
امْنْتُ وَ عَلَى رِزْقِكَ أَفْطَرْتُ

*Allahumma inni laka sumtu wa bika  
amantu wa `ala rizqika afthortu*

Oh Allah, I have fasted for you, and  
to You I have submitted, and with  
Your provision, I have broken my fast

# Let's Cook For Iftar!

Try our **Coconut Date Balls** recipe! Here's what you need:



10-12  
medjool dates



2 cups of  
pecans



A pinch of  
sea salt



1/4 cup of  
shredded coconut

1. Start by pitting 10-12 dates and then soak them in warm water for 10 minutes.
2. Blend the dates, pecans and a pinch of salt in a food processor until it looks like a sticky dough-like mix.
3. Scoop out 1-2 tablespoons of the dough and roll them into small bites onto a plate, or a tray.
4. Set them in the fridge for 20-30 minutes.
5. Afterwards, roll the bites in shredded coconut, and it's ready to be served!



Scan to learn  
about Iftar & Sahur  
with Alif & Aisya!

## How did your Coconut Date Balls turn out?

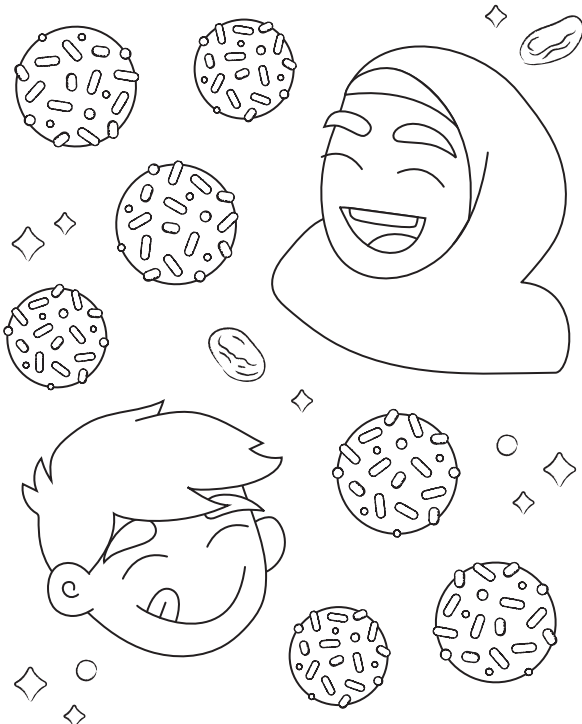
Share with us a photo or video  
of your Coconut Date Balls and  
tag us on IG / FB @learnislam.sg  
with #aLIVEinRamadan!

**50 best entries will receive a  
\$10 voucher each from us!**

*\*Multiple submissions are allowed but each  
person will only be entitled to 1 prize*

## Did you know?

*Dates are among the Sunnah  
food Rasulullah s.a.w loves!*



# Setting Ramadan Goals

**What do you want to achieve this Ramadan?**

Goal	Progress Bar (Colour In!)	Achieved ✓

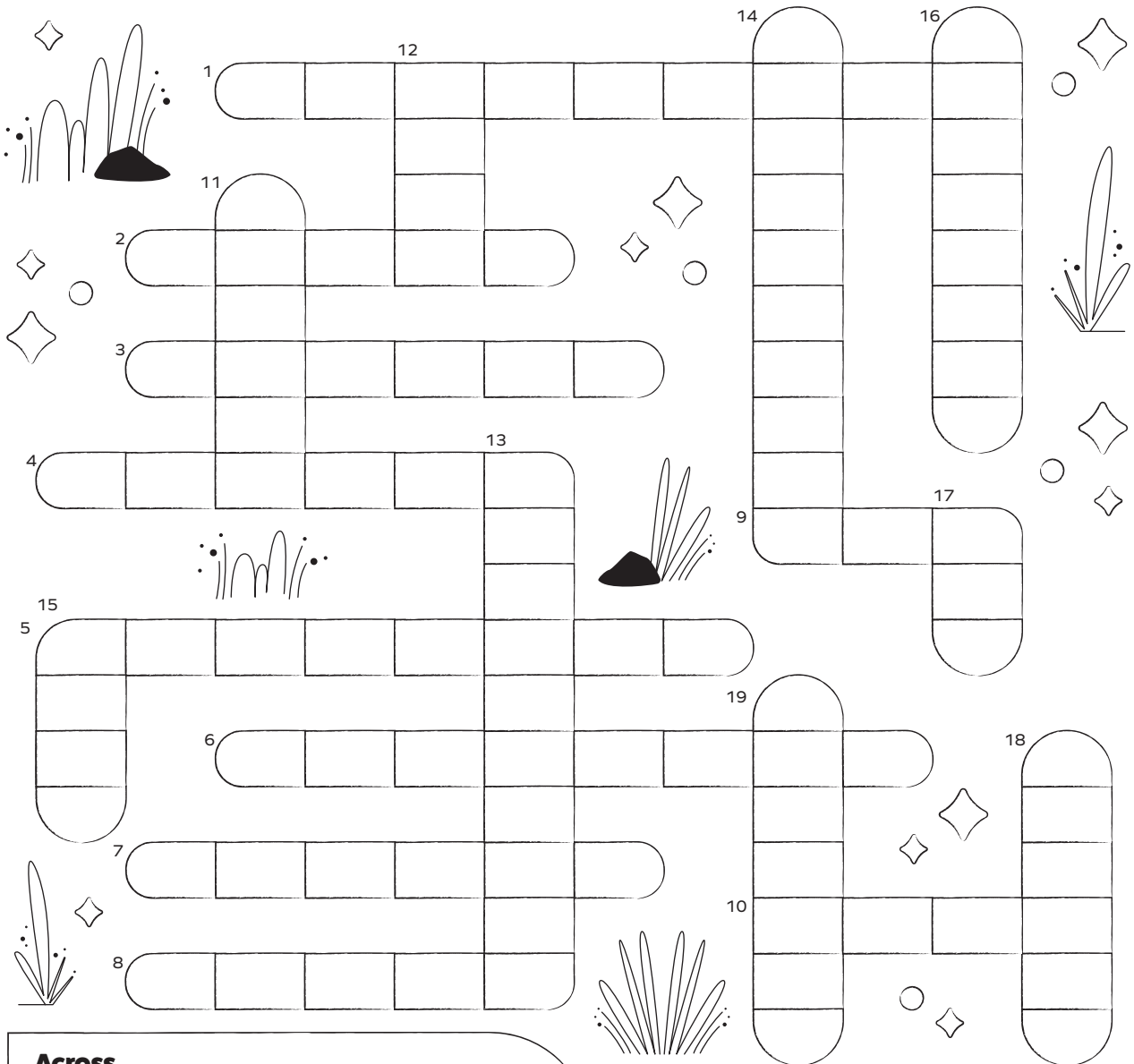
## My Qur'an Progress Chart

Did you read the Qur'an today? Colour in if you have read your iqra' or Qur'an for each day of Ramadan!

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30

Note for parents: You may decide with your child how much to read according to their level of Qur'an literacy

# Crossword About The Qur'an



## Across

1. Surah number 104 with 9 verses is named \_\_\_\_\_.
2. We believe in the four holy books: Taurah, Injil, Zabur and the \_\_\_\_\_.
3. There are \_\_\_\_\_ parts (juz') in the Qur'an.
4. Scholar's attempts to explain the verses in the Qur'an is called a \_\_\_\_\_.
5. There are one hundred and \_\_\_\_\_ surah in the Qur'an.
6. The Qur'an was sent to our last prophet \_\_\_\_\_ s.a.w.
7. The Qur'an was revealed in the \_\_\_\_\_ language.
8. Which Surah is often recited at our mosques on Thursday night?
9. A story of \_\_\_\_\_ fire that was turned cold is in Surah Al-Anbiya' (21:68-69)
10. The first revelation and verse of the Qur'an is on \_\_\_\_\_.

## Down

11. A physical copy of the Qur'an is called a \_\_\_\_\_ in Arabic.
12. Prophet Muhammad received his first revelation at the cave of \_\_\_\_\_.
13. What is Wahyu?
14. Which Surah is titled "The Earthquake"?
15. Including the Qur'an, we believe in \_\_\_\_\_ holy books in total.
16. There are 114 \_\_\_\_\_ in the Qur'an.
17. Surah Al-Baqarah is surah number \_\_\_\_\_ in the Qur'an, after Al-Fatihah.
18. You will get a \_\_\_\_\_ when reciting the Qur'an.
19. Which angel is responsible to reveal the Qur'an from God to Prophet s.a.w.?

# Special Things We Can Do In Ramadan!



Pay Zakat



Donate to Mosques / those in need



Volunteer



Share food for breaking of fast



Help your family at home!



Why is Ramadan so special? **Scan** to learn with Alif & Aisya!

# My Tarawih Progress

Paste a sticker or colour in if you have prayed  
Tarawih for each day of Ramadan!

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## Du'a We Can Read In Ramadan

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، أَسْتَغْفِرُ اللَّهَ،  
نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ بِكَ مِنَ النَّارِ

*Asyhadu an laa ilaaha illallaah astaghfirullah nas alukal  
jannata wana'uudzubika minan naar*

"I bear witness that there is no god worthy of worship but Allah,  
I seek forgiveness from Allah, we ask you (O Allah) for Paradise  
and we seek refuge with you from the Hellfire."



**Alhamdulillah,  
you did it!**



# Trace A Du'a



Ramadan is a special time for Muslims to focus on their faith and to seek Allah's forgiveness.  
(Trace the Du'a below!)

اللَّهُمَّ إِنَّكَ عَفُوفٌ تُحِبُّ  
الْعَفْوَ فَاعْفُ عَنِّي

*Allaahumma innaka 'afuwwun tuhibbul 'afwa fa'fu 'anni*

O Allah, You are the Most Forgiving,  
and You love Forgiveness, so forgive me

By reciting du'as, we can develop a closer relationship with Allah and seek His forgiveness and guidance during Ramadan.

There are other simple du'as and zikir we can practice as well:

**"Astaghfirullah"**

(I seek forgiveness from Allah)

**"Alhamdulillah"**

(Praise be to Allah)

**"Subhan Allah"**

(Glory be to Allah)

**"Allahu Akbar"**

(Allah is the Greatest)



Scan to recite this special  
Ramadan Du'a with Alif & Aisya!

# Do You Know About Tahajjud?

The benefits of performing Tahajjud prayer are many. It's a way to get closer to Allah and to seek His forgiveness. It also helps us to be more grateful and to be reminded of all of His blessings in our lives. And, by waking up during the night to pray, we are sacrificing our sleep and showing Allah that we are willing to do anything for His sake.

Here are 4 simple steps how you can perform Tahajjud!



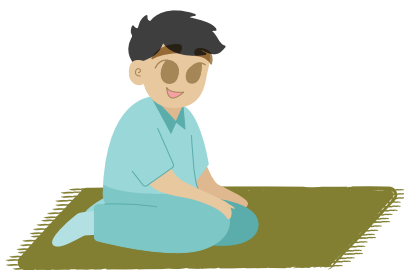
## **Wake up during the night:**

Tahajjud prayer is best performed during the last third of the night, so make sure to set an alarm to wake up in time.



## **Make ablution:**

This helps to cleanse our bodies and hearts so that we can focus on our prayer.



## **Pray two rak'ahs:**

2 rak'ahs is the minimum for Tahajjud prayer. Start by standing up and making the intention to perform the Tahajjud prayer.



## **Repeat as many times as you like:**

You can repeat the two rak'ahs as many times as you like. It's recommended to pray at least eight rak'ahs.



Scan here to watch a more detailed guide at MuslimSG

Let's make the most of this holy month of Ramadan by performing the Tahajjud prayer, reading the Qur'an and getting closer to Allah. May Allah bless us all and accept our prayers. Ameen.

# Get Crafty!

## Try out this DIY Ramadan Moon & Star Craft with your family



SCISSORS



ALPHABET STICKERS  
/ CUT-OUT LETTERS



PAPER PLATE



PAINT BRUSH OR  
SPONGE BRUSH & PAINT



RIBBON  
/ STRING



1. Draw out a crescent moon shape on your paper plate. In the middle of that opening, draw out a star shape.
2. Cut out your moon & star shapes. Lay out a newspaper as a protection, and paint the star and moon in any colour of your choice.
3. Paste or glue down your foam letters / stickers / cut-out letters on the moon to spell out "Ramadan".
4. Make one hole punch each on your moon and star. Pull a ribbon through the star and tie a knot.
5. Pull the same ribbon through the moon hole punch and tie another knot, so your star won't slip.

And your wall decoration is done!



## Ramadan Giveaway

Share with us how this Ramadan booklet has been beneficial for you!

Take a photo or video of yourself using our fasting chart, making the Coconut Date Balls, creating your Ramadan goals or completing any activity from this booklet and share it on social media ;) Tag us @learnislam.sg with #aLIVEinRamadan on Instagram or Facebook!

**50 best entries will receive a \$10 voucher each from us!**

*\*Multiple submissions are allowed but each person will only be entitled to 1 prize*



**My Ramadan  
Booklet Survey &  
Feedback Form**

Share with us if this booklet has been beneficial for you and your family, and how it can be better.

# Free ADIL Classes!

ADIL, an acronym for Adult Islamic Learning, is an Islamic learning programme specially tailored for Muslim adult learners in Singapore. There are 46 Ramadan free classes conducted at 23 mosques this year!



Scan to find out more and register for these classes



MOSQUE	TITLE	LANG	MURABBI/TRAINER	START	END	TIME	PLATFORM
Al-Islah	Fiqh Ramadan	English	Ustaz Muhammad Luqman Hakim Roslan	2 Mar	9 Mar	7.45am-9.45pm	Mosque
Darul Aman	Fiqh Ramadan	English	Ustaz Khalil Rosli	11 Mar	18 Mar	9am-1pm	Mosque
Darul Ghufuran	Fiqh Ramadan	Malay	Ustaz Fakhruddin Amin	9 Mar	10 Mar	8pm-10pm	Virtual
Kampung Siglap	Fiqh Ramadan	English	Ustaz Abdullah Hoosen	8 Mar	15 Mar	8pm-10pm	Mosque
Al-Mawaddah	Fiqh Ramadan	English	Ustaz Asysallehan Ali	11 Mar	11 Mar	9am-1pm	Hybrid
Al-Mawaddah	Fiqh Ramadan	Malay	Ustaz Mohd Zaid Isahak	18 Mar	18 Mar	9am-1pm	Mosque
Al-Mawaddah	Living Sources 1 (Abridged)	English	Nur Rashidah Binte Sabani	10 Apr	13 Apr	10am-12pm	Mosque
Al-Mawaddah	Living Sources 2 (Abridged)	English	Nur Rashidah Binte Sabani	10 Apr	13 Apr	10am-12pm	Mosque
Al-Muttaqin	Fiqh Ramadan	Malay	Ustazah Fatimah Azmi	7 Mar	14 Mar	7.30pm-9.30pm	Hybrid
Al-Muttaqin	Fiqh Ramadan	Malay	Ustaz Muhammad Huzaifah Abdul Raub	2 Mar	9 Mar	7.30pm-9.30pm	Hybrid
Al-Muttaqin	Fiqh Ramadan	Malay	Ustaz Syahid Abdul Latif	19 Mar	19 Mar	10am-2pm	Hybrid
Al-Muttaqin	Fiqh Ramadan	Malay	Ustaz Muslim Amad	25 Mar	25 Mar	10am-2pm	Hybrid
Alkaff Upper Serangoon	Fiqh Ramadan	English	Ustaz Muhammad Ridwan Sarmidi	4 Mar	11 Mar	2pm-4pm	Mosque
An-Nahdhah	Fiqh Ramadan	English	Ustaz Fakhruddin Radzi Md Noor	3 Mar	10 Mar	8pm-10pm	Virtual
An-Nur	Bengkel Solat	English	Ustaz Firda Abdul Wahid Mohamed Hanif	11 Mar	11 Mar	9am-1pm	Mosque
Darul Makmur	Fiqh Ramadan	English	Ustaz Syazwan Elrani	11 Mar	11 Mar	10am-12pm	Virtual
En-Naeem	Fiqh Ramadan	Malay	Ustaz Ibrahim Samat	4 Mar	11 Mar	10am-12pm	Mosque
Yusof Ishak	Warisan Kenabian 1 (Abridged)	Malay	Ustaz Hanan Farihin Jasmani	16 Feb	23 Mar	7:30pm-9:30pm	Virtual
Yusof Ishak	Fiqh Ramadan	Malay	Ustaz Muhammad Idris Rifaie	18 Mar	18 Mar	9am-1pm	Mosque
Abdul Gafoor	A Muslim's Manual 1 (Abridged)	English	Ustaz Abdul Kadir Hisop	12 Mar	19 Mar	2pm-4pm	Mosque
Abdul Gafoor	A Muslim's Manual 2 (Abridged)	English	Ustaz Abdul Kadir Hisop	14 May	21 May	2pm-4pm	Mosque
Al-Falah	Fiqh Ramadan	English	Ustaz Ahmad Faritz Mohamed Hairudin	18 Mar	18 Mar	11am-3pm	Mosque
Jamiyah Ar-Rabitah	Fiqh Ramadan	Malay	Ustazah Siti Zubaidah Mohamed	9 Mar	16 Mar	10am-2pm	Virtual
Al-Iman	Fardhu Ain	English	Ustaz Khalid Rafi	11 Mar	11 Mar	9.30am-1.30pm	Virtual
Al-Khair	Fardhu Ain	English	Ustaz Abdul Hadi Bin Jamil	11 Mar	11 Mar	9am-1pm	Mosque
Al-Mukminin	Fiqh Ramadan	Malay	Ustaz Zubair Md Redza	12 Mar	12 Mar	9am-1pm	Mosque
Ar-Raudhah	Solat Workshop	English	Ustaz Muhammad Bin Mustafa	12 Mar	12 Mar	9am-1pm	Mosque
Assyakirin	Insan Pilihan 1 (Abridged)	Malay	Ustaz Muhammad Huzaifatul Harith Mohamad Hasbi	4 Mar	11 Mar	9am-1pm	Mosque
Assyakirin	Insan Pilihan 2 (Abridged)	Malay	Ustaz Muhammad Huzaifatul Harith Mohamad Hasbi	4 Mar	11 Mar	9am-1pm	Mosque
Assyakirin	Fiqh Ramadan	English	Ustazah Maria Mohamed Siddique	18 Mar	18 Mar	9am-1pm	Mosque
Maarof	Fiqh Ramadan	Malay	Ustaz Ammar Yasir Mohamed Fatris	8 Mar	15 Mar	7:30pm-9:30pm	Virtual