

Issue #10

# MY RAMADAN BOOKLET

Build Confidence. Nurture Wisdom



# The Wisdom for Fasting in Ramadan

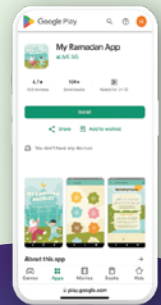
## “So that you may be mindful of God”

Ramadan takes place only once a year, and it would be wise for us to make full use of this special month. One way for us to do so is by understanding the true meaning of fasting in Ramadan.

Let us think about the goals of leaving our food, drink, and desires from dawn to dusk, and how it can help us become better Muslims.

Can we say that our fasting in Ramadan is truly successful, if we go through the day hungry and thirsty, and yet we do not leave our bad behaviours? Have we really understood the wisdom of fasting in Ramadan if we think, talk, and act harshly towards others?

Indeed Allah swt wants our fasting in Ramadan to help us remember Him in everything we do. When we try our best to practise good Akhlak, such as having good thoughts, saying good words, and displaying good actions, we have nurtured wisdom and peace for ourselves and others even in difficult times.



**Scan Me!**  
Download My Ramadan App on Google Play or the Apple App Store for a digital version



Alhamdulillah, as we enter Ramadan 1445H/2024, we're excited to introduce this year's 'My Ramadan Booklet'. It's a tool for parents and teachers to inspire young Muslims to fast, pray tarawih, recite the Qur'an, and grow as individuals. This booklet, suitable for ages 5-10, includes hands-on activities and a Ramadan and Tarawih chart with stickers for daily tracking. We hope both parents and children find joy in completing missions from this year's 'My Ramadan Booklet'. May this Ramadan be the best one yet for all!

# 6 Things We Can Do In Ramadan



Volunteer



Read the Qur'an

Share food for Iftar



Help your Family at home



Pay Zakat



Donate to Mosques or those in need



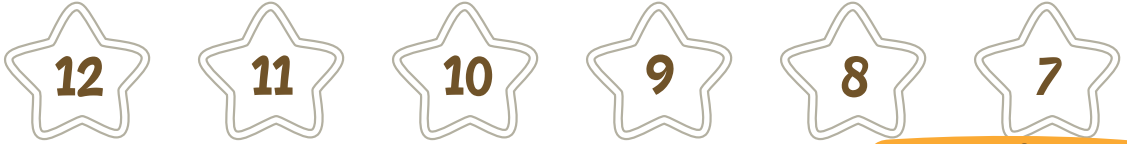
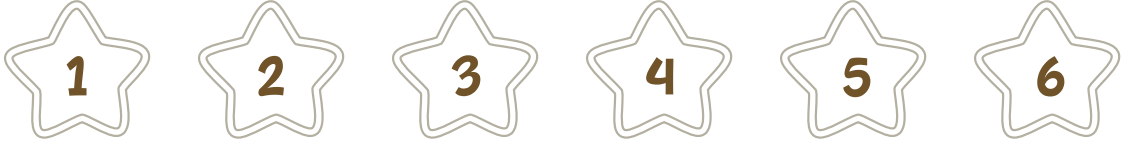
Why is Ramadan so special? **Scan** to learn with Alif & Aisya!

# My Fasting Progress

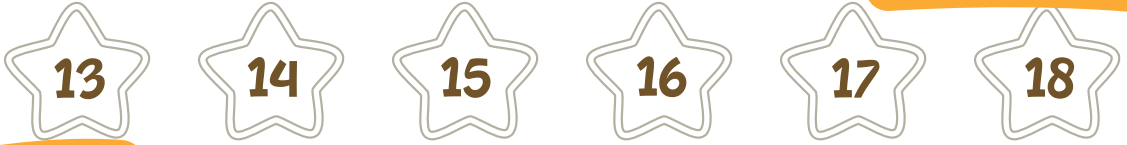


Paste a sticker or colour in if you have  
fasted for each day of Ramadan!

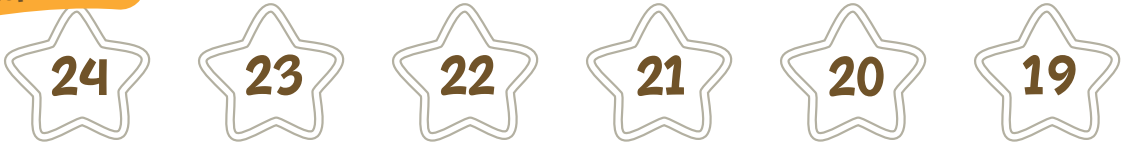
**Bismillah! Let's start!**



**You're doing good!**



**Keep it up!**



**Alhamdulillah,  
you did it!**

## Niyah for Fasting in Ramadan

نَوَيْتُ صَوْمَ غَدٍ عَنْ أَدَاءِ فَرَضِ  
شَهْرِ رَمَضَانَ هَذِهِ السَّنَةِ لِلَّهِ تَعَالَى

*Nawaitu sauma ghadin 'an adaa i fardhi shahri  
ramadaana hazihis sanati lillaahi ta'aala*

I intend to do the obligatory fast  
tomorrow in the month of Ramadan  
this year because of Allah

## Du'a when Breaking Fast

اللَّهُمَّ إِنِّي لَكَ صُمْتُ وَبِكَ  
أَمَنْتُ وَ عَلَى رِزْقِكَ أَفْطَرْتُ

*Allahumma inni laka sumtu wa bika  
amantu wa `ala rizqika afthortu*

Oh Allah, I have fasted for You, and  
to You I have submitted, and with  
Your provision, I have broken my fast

# Let's Make A Refreshing Drink For Iftar!

We are going to make Chocolate Date Milkshake.  
Yum!

Here's what you need:

- 10 dates (whole, without seed)
- 3 cups of milk
- 3 tablespoons cocoa powder
- 1 tablespoon vanilla extract
- 6 - 8 ice cubes

Instructions:

1. Combine all ingredients in a blender (Get your parents to help you!)
2. Blend until smooth
3. Pour into cups and ta-da! Enjoy!

How did your Chocolate Milkshake turn out?

Share with us a photo or video of your milkshake and tag us on IG/FB @learnislam.sg with #aLIVEinRamadan #Ramadan2024



# Setting Ramadan Goals



What do you want to achieve this Ramadan?

Goal	Progress Bar (Colour In!)	Achieved (Paste Sticker)
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## How are you feeling? (Colour in your mood)

**Week 1 of Ramadan:**



Why do you feel as such? : \_\_\_\_\_

**Week 2 of Ramadan:**



Why do you feel as such? : \_\_\_\_\_

**Week 3 of Ramadan:**



Why do you feel as such? : \_\_\_\_\_

**Week 4 of Ramadan:**



Why do you feel as such? : \_\_\_\_\_



# My Tarawih Progress

Paste a sticker or colour in if you have prayed  
Tarawih for each day of Ramadan!



Alhamdulillah,  
you did it!

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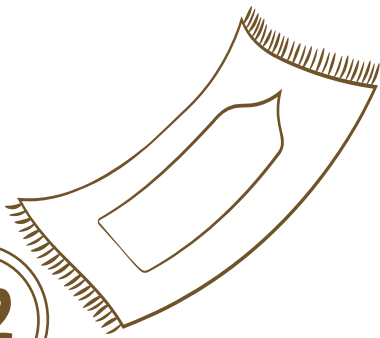
29

## Du'a We Can Read In Ramadan

أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا اللَّهُ، أَسْتَغْفِرُ اللَّهَ،  
نَسْأَلُكَ الْجَنَّةَ وَنَعُوذُ بِكَ مِنَ النَّارِ

*Asyhadu an laa ilaaha illallaah astaghfirullah nas alukal  
jannata wana'uudzubika minan naar*

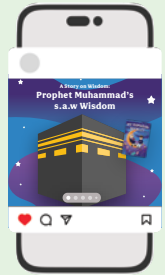
"I bear witness that there is no god worthy of worship but Allah,  
I seek forgiveness from Allah, we ask you (O Allah) for Paradise  
and we seek refuge with you from the Hellfire."



# A Story On Wisdom

Wisdom, was one of the many virtues of our Prophet Muhammad s.a.w. Amongst the many stories that illustrate his wisdom, is the story about the placement of a special stone.

To answer these questions below, get your parents' help to visit @LearnIslam.sg Instagram page and look for the story titled 'Prophet Muhammad's s.a.w Wisdom' in one of the posts!



Find this post on @LearnIslam.sg instagram page!



## Questions:

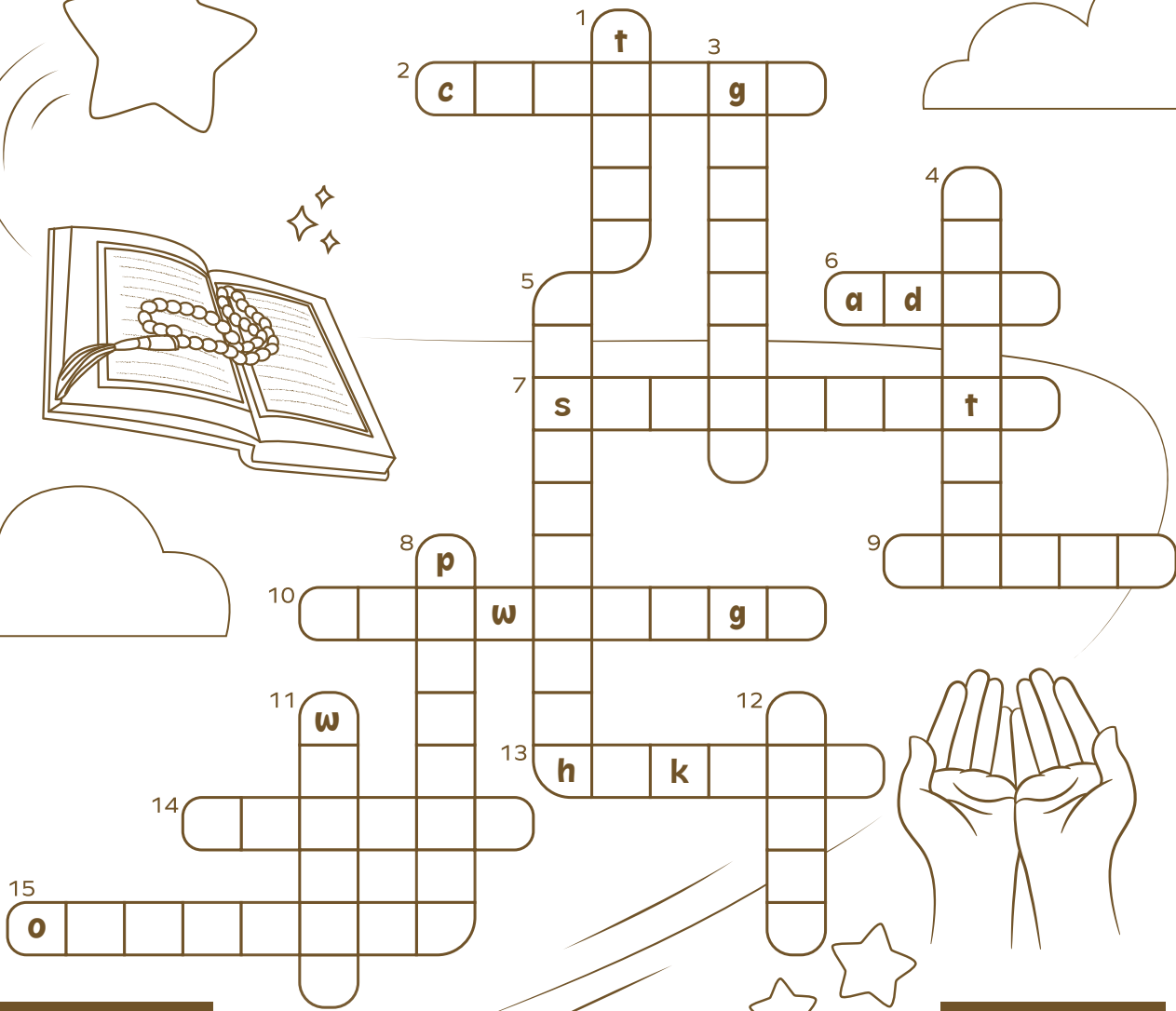
1. What is the name of the wise man? \_\_\_\_\_
2. What is the name of the special stone? \_\_\_\_\_
3. How did they place the stone onto the Ka'bah? \_\_\_\_\_  
\_\_\_\_\_
4. How did Prophet Muhammad s.a.w stop the argument? \_\_\_\_\_  
\_\_\_\_\_

Dear Parents, don't forget to share the story you just read on @learnislam.sg with your family and friends on your IG stories, so you can benefit many others too. InsyAllah.





# Crossword on Peace & Wisdom



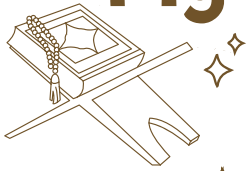
## Across

2. A person who have \_\_\_\_\_ will stand up for what is right.
6. Having Kindness. Respect. Courtesy. Humility.
7. It's not a matter of how much you donate, what matters is your \_\_\_\_\_.
9. Salam also means \_\_\_\_\_.
10. Wisdom involves using our \_\_\_\_\_ with thoughtful consideration.
13. Find this word in the Quran (2:269 & 62:2)
14. Seeking knowledge is wajib upon every \_\_\_\_\_.
15. Facing challenges with confidence helps you \_\_\_\_\_ obstacles.

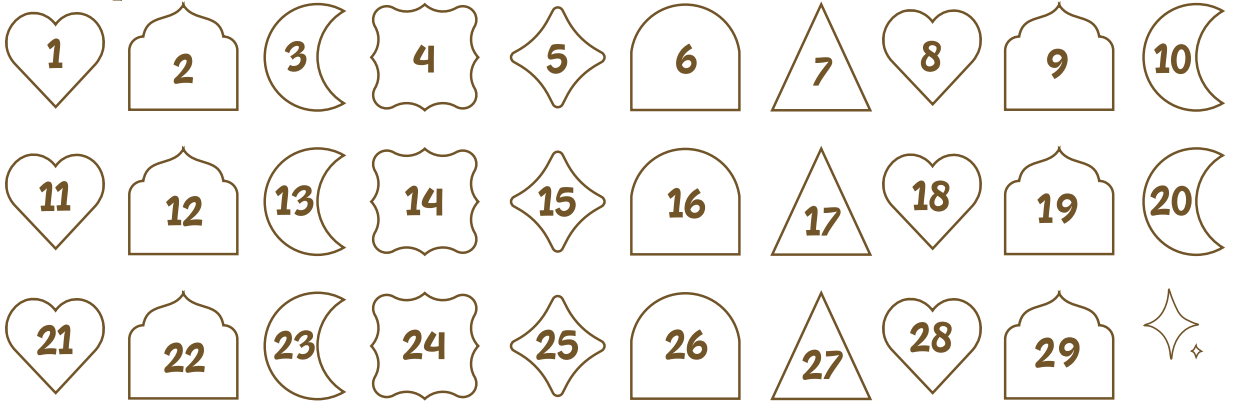
## Down

1. Have \_\_\_\_\_ & reliance in Allah strengthens our journey in building confidence and wisdom.
3. Al-Quran is the book of \_\_\_\_\_ (2:2)
4. Build your confidence. "\_\_\_\_\_ makes perfect".
5. The Trustworthy who emphasized on spreading Salam.
8. "Husnudzan" in Arabic, translates to "having \_\_\_\_\_ assumptions".
11. The Quran is a treasure of \_\_\_\_\_, guiding us in life.
12. Start your day with a happy greeting, saying \_\_\_\_\_ to spread peace.

# My Qur'an Progress Chart



Did you read the Qur'an today? Colour in if you have read your iqra' or Qur'an for each day of Ramadan!



Note for parents: You may decide with your child how much to read according to their level of Qur'an literacy

## Don't forget to practise your Zikr daily in Ramadan!

Allah s.w.t mentions in the Qur'an,  
"And the men who remember Allah often and the women who do so - for them Allah has prepared forgiveness and a great reward."

-Surah Al-Ahzab, verse 35

Here are simple Zikrs we can start practising:

**"Astaghfirullah"**  
(I seek forgiveness from Allah)

**"Alhamdulillah"**  
(Praise be to Allah)

**"Subhanallah"**  
(Glory be to Allah)

**"Allahu Akbar"**  
(Allah is the Greatest)

# Do You Know That Ramadan Is A Month Of Giving?

Anas r.a. narrated that :

Rasulullah s.a.w was asked which fast was most virtuous after Ramadan? He said: "Sha'ban in honor of Ramadan" He said: "Which charity is best?"

Rasulullah s.a.w said: "Charity in Ramadan."

(HR at-Tirmidhi)

Charity in Islam is not necessarily physical or monetary. Here are 4 acts of charity you can practise in Ramadan:



Scan here to read a more detailed guide at Muslim.SG

Let's make the most of Ramadan by performing the Tahajjud prayer, reading the Qur'an and getting closer to Allah. May Allah bless us all and accept our prayers. Amin.

# Spot The 10 ث



For more activities like this, you can purchase:

**Master  
Huruf Hijaiyah  
in 30 days for juniors**



Scan here to find  
out more about  
LearnQuran Series



If you and your kids enjoyed the activities in this book, consider enrolling them into our aLIVE programme to further their understanding of Islam in a fun and enriching way! The aLIVE Mosque Madrasah programmes aim to nurture pious and righteous children with God-consciousness and good character, helping them become knowledgeable in Islam, practicing Muslims, and compassionate individuals.



Scan to learn more about aLIVE at [www.learnislam.sg](http://www.learnislam.sg)

Come participate in LearnQuran Series programmes!



## LearnQuran Series



For registration and more info on LQS programmes, scan here

### ★ Stories from the Qur'an

Towards the end of the day during Ramadan, while parents are busy preparing for Iftar, we are here to fill in the childrens' time with meaningful online storytelling session. For only 45mins, children can listen to our storyteller, Ustazah Farhany Abdul and actively participate in our interactive sessions.

**12 March - 5 April 2024**

Monday - Friday  
5.45pm - 6.30pm  
Except Good Friday (29 March)  
Fees: \$25  
Via Zoom

### ★ ILHAM Lunchtime Tadarus & Khatam Quran

As we know that Ramadan is the month of Qur'an, we aim to complete (khatam) The Holy Book of Quran by reciting it together during lunchtime.

**12 - 31 March 2024**

#### Tadarus

Begins on 12 March  
Mon - Thurs: 12pm - 1pm  
Fri: 11.30am - 12.30pm  
Fees: Free Of Charge  
Via Zoom

#### Physical Mass Khatam

31 March  
Details on venue & time will be updated via QR code above

### ★ Master Huruf Hijaiyyah In 30 Days For Juniors

A 90-paged activity booklet suitable for young learners, this booklet implements phonic association to Huruf Hijaiyyah as it will ease the concept of learning new letters.



Get this book at

<https://academy.ilham.sg/>

Or scan the QR code above to learn more about Ilham and the LQS Series

# Adult Islamic Learning (ADIL)

For parents and adults seeking spiritual enrichment, join us for the free ADIL Ramadan classes, tailored for adults seeking to deepen their understanding of Islamic knowledge and values. Explore a range of modules covering various aspects of Islamic learning, including:

## Fiqh (Practices)

- **A Muslim's Manual:**  
Complete Guide to Arkanul Islam: Shahadah, Solat, Fasting, Zakat & Hajj
- **Fiqh Ramadan:**  
Essential Guide from Pre-Ramadan to Post-Ramadan
- **Solat Workshop:**  
An Intensive Guide to Performing Prayers
- **Fardhu Ain:**  
Basic Knowledge on Pillars of Islam
- **Introduction to Maqasid Al-Shariah:**  
Understanding The Higher Purpose & Objectives of the Islamic Law

## Akhlak (Lifestyle & Character)

- **The Chosen One:**  
A Study of Prophet Muhammad's S.A.W. Character & Values
- **Path of Repentance:**  
Journey back to Allah
- **Tafsir Surah Al-Fatihah:**  
A comprehensive understanding of Surah Al-Fatihah

## Tauhid (Beliefs)

- **Light of Faith:**  
Understanding The Articles of Faith (*Arkanul Iman*): Allah, The Angels, Divine Books, The Prophets, Qiyamah & Destiny
- **The Living Sources:**  
Understanding the Quran & Sunnah ('Ulum al-Quran & Sunnah)

## Self-Paced E-Learning

Join our self-paced e-learning class at your own time and target!

This module will give you an essential guide on things related to the month of Ramadan

**Register now:**  
<https://go.gov.sg/adil-fiqhramadan>

Enrich your Ramadan with knowledge and spiritual growth, fostering peace and wisdom.

### How to Join?

Register for these free classes at [learnislam.sg/class](https://learnislam.sg/class) and embark on a fulfilling journey of spiritual growth and learning this Ramadan. These classes are offered at various mosques in Singapore.




Scan here to find out more, download our ADIL Prospectus 2024



# Khatam Al-Qur'an Guide



NO.	DATE	SUBUH	MAGHRIB	JUZ (PAGE NUMBER)	DONE
	11/03/24	5.55AM	7.18PM	1 (1 - 21)	
1	12/03/24	5.55AM	7.19PM	2 (22 - 41)	
2	13/03/24	5.54AM	7.18PM	3 (42 - 61)	
3	14/03/24	5.54AM	7.18PM	4 (62 - 81)	
4	15/03/24	5.54AM	7.18PM	5 (82 - 101)	
5	16/03/24	5.54AM	7.18PM	6 (102 - 121)	
6	17/03/24	5.53AM	7.17PM	7 (122 - 141)	
7	18/03/24	5.53AM	7.17PM	8 (142 - 161)	
8	19/03/24	5.53AM	7.17PM	9 (162 - 181)	
9	20/03/24	5.52AM	7.17PM	10 (182 - 201)	
10	21/03/24	5.52AM	7.16PM	11 (202 - 221)	
11	22/03/24	5.52AM	7.16PM	12 (222 - 241)	
12	23/03/24	5.51AM	7.16PM	13 (242 - 261)	
13	24/03/24	5.51AM	7.16PM	14 (262 - 281)	
14	25/03/24	5.51AM	7.15PM	15 (282 - 301)	
15	26/03/24	5.50AM	7.15PM	16 (302 - 321)	
16	27/03/24	5.50AM	7.15PM	17 (322 - 341)	
17	28/03/24	5.49AM	7.15PM	18 (342 - 361)	
18	29/03/24	5.49AM	7.14PM	19 (362 - 381)	
19	30/03/24	5.49AM	7.14PM	20 (382 - 401)	
20	31/03/24	5.48AM	7.14PM	21 (402 - 421)	
21	1/04/24	5.48AM	7.14PM	22 (422 - 441)	
22	2/04/24	5.48AM	7.13PM	23 (442 - 461)	
23	3/04/24	5.47AM	7.13PM	24 (462 - 481)	
24	4/04/24	5.47AM	7.13PM	25 (482 - 501)	
25	5/04/24	5.46AM	7.13PM	26 (502 - 521)	
26	6/04/24	5.46AM	7.12PM	27 (522 - 541)	
27	7/04/24	5.46AM	7.12PM	28 (542 - 561)	
28	8/04/24	5.45AM	7.12PM	29 (562 - 581)	
29	9/04/24	5.45AM	7.12PM	30 (582 - 604)	



Suitable for children aged 5-10 years old.

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   @learnislam.sg

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**My Ramadan Booklet  
Survey & Feedback Form**

Share with us if the booklet has been  
beneficial for you and your family, and  
how it can be better.